

# MEADOWRIDGE AFC NEWSLETTER



Sponsored by  **LASER**

May 2011, Volume 2, Issue 1



Meadowridge AFC  
Official Website

[www.meadowridgeafc.co.za](http://www.meadowridgeafc.co.za)



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## Clubhouse Upcoming Events!

June 2011

No special events for June.. but the club house is open at 13:30 every Saturday (unless there are no home games).

The big screen and little screens will be on...and all sport will be live.

Come and get out of the cold, enjoy a drink and watch sport.

As Saturday afternoons should be.

Dear Meadowridge friends, family and supports,

Welcome to the second edition of the Meadowridge AFC newsletter for the mixed weather month of May.

The weather has changed, four seasons in one day are upon us, and the winter wardrobe must once again come out.

With the final run in of the PSL, English Premier League and European leagues around the world, the club house enjoyed two excellent nights of football in May.

The FA Cup Final between Stoke and Man City resulted in City winning the first silverware for many years, and also saw no one in the club house winning the 'last goal scorer sweepstakes'.

Names were being bought right up to the last seconds of the game as eager fans searched for the mysterious name of Yaya Toure, but alas, it went unpurchased. Despite groans from the crowd, the sweepstakes money went to the club, which everyone seemed happy about in the end.

The same cannot be said for the Champions league final where a full house sold out the 'last goal scorer sweepstakes' in minutes, and with a 3-1 victory for Barca, and some last minute misses, there were a lot of potential winners and some scary moments for the holder of the eventual David Villa winning ticket. Senior coach Warren Lino won the money, and graciously put most of his winnings back behind the bar in a swap for a long line of Jagermeisters.

With football disappearing from the screens, attention returned to the Tygerberg league.

This month in May we saw all the Meadowridge teams in action, from our forever young seniors all the way down to our mighty under 7's juniors.

You will see from the results page in this newsletter we have a very mixed start to the season, and only our under 7 – 2nd team and under 9 – 2nd team enjoying an unbeaten May.

Early in the season we can also see that the league has become the focus for the seniors teams, as all the seniors where unceremoniously dumped out of the knock out cup. We hope that this will therefore bring focus to our promotional chances.

It is early in the season, and lots of games to play. Teams are finding their styles and systems, and many of the results are extremely encouraging. Consistency and commitment will surely bring success.

We hope that you enjoy the newsletter, if you have any comments or suggestions, or any items you would like to include in the next newsletter, please send your email to 'The Editor' by simply clicking reply to the email you received.

This newsletter is to share what's going on at the club and in the club community.

See you in the club house or on the field,

The Editor

## Coaches Corner

The work of the coaches often goes unheralded: long nights, long days, sun, rain, wind.

The amazing thing is the coaches keep coming back. It is easier when your teams are winning, and that little bit harder when they are losing.

This indomitable spirit of the Meadowridge coaches shines on, and it is the commitment and work that goes in on the training ground that sets the foundation for the match day.

Every team has a mix of personalities and different levels of skill, but when brought together and they work together with a single focus and a well prepared plan, a team will always beat a side which is full of individuals.

Team spirit, camaraderie, respect and having fun, we see it every week on the pitch, so lets keep it at the heart of Meadowridge, as it will lead us to success.

# MEADOWRIDGE AFC

## NEWSLETTER



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### Results - March - April

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#### SENIORS:

##### 1<sup>st</sup> Team:

05/02 C.P.U.T.	3-2	Loss
05/07 BELLVILLE CITY	2-0	Win
05/10 AVENDALE ATHLETICO	2-2	Draw
05/14 DE BEERS	0-3	Loss
<b>05/21 WYNBERG ST JOHN</b>	<b>1-4</b>	<b>Loss</b>
05/28 NORTHPINE UNITED	1-2	Win

##### 2<sup>nd</sup> Team:

05/02 C.P.U.T.	3-1	Loss
05/07 BELLVILLE CITY	1-1	Draw
05/10 AVENDALE ATHLETICO	4-2	Win
05/14 DE BEERS	1-2	Loss
<b>05/21 WYNBERG ST JOHN</b>	<b>0-1</b>	<b>Loss</b>
05/28 NORTHPINE UNITED	1-3	Win

##### 3<sup>rd</sup> Team:

05/06 DURBANVILLE	3-3	Draw
05/14 OLD MUTUAL	0-3	Win
05/17 C.P.U.T.	1-3	Win
05/28 RYGERSDAL	4-1	Loss

##### Over 35's:

05/07 EDGEMEAD GDWD B	3-1	Win
05/14 LANSDOWNE	0-3	Loss
<b>05/21 KENSINGTON</b>	<b>4-0</b>	<b>Loss</b>
05/28 BOTHASIG	3-0	Loss

##### Over 40's:

05/07 F.N. RANGERS	1-8	Loss
05/14 NORWAY PARKS	1-7	Win
<b>05/21 EVERTON</b>	<b>1-2</b>	<b>Loss</b>
05/28 RYGERSDAL	4-1	Win

##### Over 45's:

05/07 WESTEND UNITED	2-6	Win
05/14 DURBANVILLE	5-3	Win
<b>05/21 RYGERSDAL</b>	<b>2-3</b>	<b>Loss</b>
05/28 OUFFENSPARK	1-1	Win

#### JUNIORS:

##### Under 17 – 1<sup>st</sup> Team

05/07 BLAAUWBERG CITY	0-0	Draw
05/14 CAPE TOWN F.A.	1-1	Draw
05/21 WYNBERG ST JOHNS A	0-1	Loss
<b>05/28 WYNBERG ST JOHN</b>	<b>3-2</b>	<b>Loss</b>

##### Under 17 – 2<sup>nd</sup> Team

05/07 SUNNINGDALE CITY	2-2	Draw
05/11 GRASS BOOTS	6-0	Loss
05/14 EDGEMEAD GDWD C	2-0	Win
05/21 CAMPSBAY B	0-2	Win

##### Under 15 – 1<sup>st</sup> Team

05/07 SUNNINGDALE CITY A	0-1	Loss
05/14 C.P.U.T.	3-1	Loss
05/21 BELLVILLE CITY	10-0	Win

##### Under 15 – 2<sup>nd</sup> Team

05/07 CAMPSBAY B	0-3	Loss
05/21 SAXON ROVERS B	0-3	Loss

##### Under 13 – 1<sup>st</sup> Team

05/07 RUYTERWACHT	5-2	Win
05/14 SUNNINGDALE CITY A	3-2	Loss
05/21 NORWAY PARKS	3-5	Win

##### Under 13 – 2<sup>nd</sup> Team

05/07 DURBANVILLE C	0-1	Win
05/14 NORTHPINE UNITED B	0-2	Loss
05/21 SUNNINGDALE CITY B	3-0	Win
<b>05/28 DURBANVILLE C</b>	<b>5-4</b>	<b>Win</b>

##### Under 13 – 3<sup>rd</sup> Team

05/07 BOTHASIG C	0-3	Win
05/14 FISHHOEK C	4-3	Win
05/21 CR VASCO DA GAMA C	13-0	Loss

##### Under 11 – 1<sup>st</sup> Team

05/07 SAXON ROVERS A	0-3	Loss
05/14 SUNNINGDALE CITY. A	0-9	Loss
05/21 RYGERSDAL A	2-0	Loss

##### Under 11 – 2<sup>nd</sup> Team

05/07 RYGERSDAL B	2-1	Loss
05/14 SUNNINGDALE CITY B	0-4	Loss
05/21 NORTHPINE UNITED B	0-3	Win

##### Under 11 – 3<sup>rd</sup> Team

05/07 VASCO DA GAMA	0-2	Loss
05/14 SUNNINGDALE CITY C	1-1	Draw
05/21 DURBANVILLE D	6-0	Win

##### Under 11 – 4<sup>th</sup> Team

05/14 CAMPS BAY E	2-7	Loss
05/21 BELLVILLE CITY B	2-0	Win

##### Under 9 – 1<sup>st</sup> Team

05/14 SAXON ROVERS A	1-1	Draw
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##### Under 9 – 2<sup>nd</sup> Team

05/14 SAXON ROVERS B	9-0	Win
05/21 RYGERSDAL B	1-3	Win

##### Under 9 – 3<sup>rd</sup> Team

05/14 MEADOWRIDGE E	0-4	Win
05/21 RYGERSDAL C	1-1	Draw

##### Under 9 – 4<sup>th</sup> Team

05/14 WYNBERG ST JOHNS C	4-3	Loss
05/21 RYGERSDAL D	4-2	Loss

##### Under 9 – 5<sup>th</sup> Team

05/14 MEADOWRIDGE C	0-4	Loss
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##### Under 7 – 1<sup>st</sup> Team

05/14 YMO ST LUKES A	1-0	Win
05/21 MEADOWRIDGE C	0-0	Draw

##### Under 7 – 2<sup>nd</sup> Team

05/14 YMO ST LUKES B	7-0	Win
05/21 MEADOWRIDGE D	0-7	Win

##### Under 7 – 3<sup>rd</sup> Team

05/14 LANSDOWNE A	12-0	Loss
05/21 MEADOWRIDGE A	0-0	Draw

##### Under 7 – 4<sup>th</sup> Team

05/14 LANSDOWNE B	2-2	Draw
05/21 MEADOWRIDGE B	7-0	Loss

#### NOTE:

**CUP KNOCK-OUT MATCHES IN BOLD TEXT**



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## Meadowridge Supporters

Frenk Pulpan is the Meadowridge Senior Club Captain, part time barman, senior player and sometime penalty taker. Often found in the clubhouse meticulously working on paperwork of some kind or another, and keeping things ticking behind the scenes. We sat down with Frenk to find out more about the man.



- ⚽ Q: Which team do you support in South Africa and in rest of world? i.e. EPL, La Liga etc.
- ⚽ A: Meadowridge, Ajax Cape Town, Liverpool & Barcelona.
- ⚽ Q: What does your role as the Senior Club Captain involve?
- ⚽ A: I am the link between the senior members and the senior committee. I am there to assist members with any concerns they may have and to try ensure that our members are happy and enjoying their football. I'm also filling my old position as senior match secretary registering our members and co-ordinating referee's on match days.
- ⚽ Q: What's your favorite food?
- ⚽ A: Macaroni and cheese and seafood.
- ⚽ Q: How long have you been coming to Meadowridge?
- ⚽ A: I've been at Meadowridge for about 9 years.
- ⚽ Q: What's the funniest thing you have seen happen at the club during your time?
- ⚽ A: We have had many wonderful functions at the club and with the characters involved there have been lots of funny moments, to elaborate wouldn't be fair on those involved, ha ha!
- ⚽ Q: What do you do with your time during the off season i.e. other hobbies?
- ⚽ A: I normally just relax with friends and family.
- ⚽ Q: If there was one thing you could change about Meadowridge – what would it be?
- ⚽ A: One of my goals while on the committee is to improve the clubs facilities for members and guests so that would be a great start.
- ⚽ Q: If you won a ticket to go on holiday anywhere in the world – where would you go?
- ⚽ A: To Croatia to visit family and learn more about my heritage.
- ⚽ Q: What's the best goal you have scored for Meadowridge?
- ⚽ A: As a defender I haven't scored many so a goal I scored in open play last season to secure a 2 - 1 win was great! 😊

## Meadowridge News Items

The School holidays are fast approaching and the last match for the Juniors will be played on the 25th June and the first match will be played on the 23 July .

Parents need to confirm with their respective coaches about practice during the holidays as some may be continuing for fitness throughout the holiday season.

